

Portugal Study Abroad

Spring Break 2025

Travel Dates

Friday, March 7, 2025 - Sunday March 16, 2025

From/to Jackson (Medgar Wiley Evers) International Airport

Location of Study Abroad

Portugal

- Lisbon
- Alentejo Region
- Evora
- Porto

Cost of Study Abroad

\$5,125.00

Price Includes

- Airfare
- Breakfast daily, welcome dinner, farewell dinner cruise
- Hotels (based on double occupancy)
- Transfers (travel to and from airport & sites)
- Entrance fees to sites, museums, & workshops
- English speaking guides
- Water during transportation

Schedule

1. **October 15, 2024** –
 - a. **\$500.00 deposit is due**
 - b. **Your application is due to the MAC Center:**
<https://www.mc.edu/academics/abroad/apply>
2. **November 15, 2024**
 - a. **\$1,550.00 payment is due**
3. **December 15, 2024**
 - a. **\$1,550.00 payment is due**
4. **January 15, 2025**
 - a. **\$1,525.00 payment is due**

How to Register (Credits are optional)

- When Spring registration opens, register for up to 6 credit hours to include 1-2 of the following:
 - Interior Design Students



- History of Architecture & Interiors
- Intro to Digital Photography
- Business Students
 - Portugal/EU: Commerce, Wealth, & Art
- Communication/Public Relations Students
 - International Public Relations

Get Ready!

1. Passport

Check your passport. You must have at least 3 months beyond intended departure remaining on an existing passport for travel. If your passport expires before June 16, 2025, renew.

(U.S. Department of State: <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Portugal.html>)

If you do not yet have a passport, apply NOW. Expect your passport in 6-8 weeks under routine procedure; 2-3 weeks, if expedited (Extra \$60). Here's the process:

<https://travel.state.gov/content/travel/en/passports/need-passport/apply-in-person.html>

2. Meet monthly with the group for academic discussion, guest speakers, presentations

- November - December – Syllabi and reading materials will be distributed
- January – Portuguese Culture and Language
- February – Presentations and Discussion,
- March – Presentations and Discussion, Predeparture instructions
- April – Post Travel Debriefing

3. Health

- Start walking! You will walk an average of 7 miles per day during the study abroad.
- Drink plenty of water! You will be at a somewhat higher altitude in Portugal (average elevation is 1,221 feet).
- No additional vaccinations needed.
- Get extra copies of any prescriptions in case you need to fill one in Portugal.

4. Banking

- Let your local bank know when and where you will be traveling so your bank card will work.
- You can exchange \$US through your bank before traveling, access Euro while traveling with your bank card, or exchange in the airport. Note that the airport will charge a fee in addition to the exchange rate, so the most economical approach is use your own bank or exchange at the ATM in Spain.
- How much cash to bring: bring enough for some meals (breakfast buffet is provided each day; most lunches and all but two dinners are on your own (so about 18 meals maximum. The average cost of a lunch in Lisbon is around €8, and dinner is about €12, so if you ate a full lunch and dinner each day €200 would be more than enough)., Also

remember to bring money for airport snacks, coffees, gelatos, and souvenirs. Currently \$1.00 = €.90. Again, check with your bank and your bank card. You may want to have some Euro on hand for small purchases. Major bank cards work in all locations and your bank card exchange rate will be favorable.

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5. Cell Service

- Contact your local provider and discuss the best rates for international service for the time you will be traveling. You will have access to Wifi in most locations.

6. Language

- Portuguese is spoken throughout Portugal, but English is spoken/interpreted in all of our site visits.
- For your convenience, purchase an English-Portuguese dictionary or download an app.

7. Luggage and clothing

- March in Portugal can range from around 67° (F) during the day to 52° (F) at night. Cloudy days can be somewhat cooler, but we are traveling during a lower rainfall month.
- Clothing should be business casual (slacks/skirts and polo-type shirts/blouses are fine). You'll need a couple of changes of business casual clothing, nightwear, comfortable shoes for walking, sweater, jacket, rain gear (poncho or other hooded rain gear).
- We will check the luggage requirements and costs before travel, but usually one suitcase not to exceed 50 pounds is allowed. Carry-on luggage should not exceed 40 pounds. An extra bag, like a purse or a backpack is also allowed. Allow space for your souvenirs.

8. Hotels

We will stay at the following hotels during our time in Portugal:

- a. [Lumen Hotel](#), Lisbon – 3 nights
- b. [Vila Gale Evora](#), Evora – 2 nights
- c. [Hotel Dom Henrique](#), Porto – 3 nights

9. Contact information

Any time you or your parents/guardians would like more information about the trip, please contact:

Interior Design

- Mandy Berdami (Berdami@mc.edu)
- Rachel Lantz (Rtlantz@mc.edu)

Business

- Sara Kimmel (Kimmel@mc.edu)

Communications and Public Relations

- Mignon Kucia (Kucia@mc.edu)

Draft Itinerary

Day 1 - Friday, March 7, 2025

- Depart for Portugal (from Jackson)

Day 2 - Saturday, March 8, 2025

- Arrive in Lisbon
- Transfer to hotel, concierge luggage
- Explore city on our own
- 7:00 p.m. Orientation with tour manager
- Dinner

Day 3 - Sunday, March 9, 2025

- Lisbon City Tour
- Edward VII's Park
- Belem Tower
- Jeronimos Monastery
- LX Factory and Market
- Tile Museum

Day 4 - Monday, March 10, 2025

- Dedeiros & Almeida Museum
- Portugal Central Bank (Business, required; Others, optional)
- Afternoon is free (Portugal Central Bank scheduled for afternoon)

Day 5 - Tuesday, March 11, 2025

- Depart for Evora
- Visit Cork Farm in Alentejo region
- Guided tour of Evora
- Roman Temple, Gothic Cathedral
- Sao Francisco Church & Ossuary Chapel
- Praca do Giraldo – Evora's Main Square

Day 6 - Wednesday, March 12, 2025

- Arraiolos & Arraiolos Rugs Interpretation Centre
- Workshop
- Lunch on your own
- Tapestry Museum

Day 7 - Thursday, March 13, 2025

- Depart for Porto
- Visit Coimbra, University of Coimbra
- Lunch on your own
- Afternoon travel to Porto

Day 8 – Friday, March 14, 2025

- Tour of Porto with local guide
- Douro River
- Church of Sao Francisco
- Stock Exchange
- Serralves Museum of Contemporary Art
- San Bento Station

Day 9 – Saturday, March 15, 2025

- Tile Museum
- Workshop
- Livaria Lello (beautiful book shop)
- Douro River Dinner Cruise

Day 10 – Sunday, March 16, 2025

- Return Flight to Jackson