



Kinesiology

Undergraduate Course Carousel

Course Number	Course Name	Fall	Spring	Summer	As Needed
Kinesiology Courses					
KIN 099	Comprehensive Examination	x	x	x	
KIN 105	Comprehensive Health	x	x		
KIN 107	First Aid and CPR	x	x	x	
KIN 123	Fitness for Life	x	x	x	
KIN 124	Nutrition for Well-Being	x	x	x	
KIN 150	Foundations and History of Physical Activity and Sport	x	x		
KIN 191	Drug Education				x
KIN 210	Introduction to Driver Education			x	
KIN 211	Basic Principles of Nutrition	x	x	x	
KIN 219	General Principles of Safety	x	x	x	
KIN 226	Team Sports	x			
KIN 227	Teaching Individual/Dual Sport				x
KIN 228	Lifetime Activities	x			
KIN 229	Teaching Sports and Activities				x
KIN 302	Professional Protocol	x	x		
KIN 303	Methods of Teaching Health Education			x	
KIN 304	Methods & Materials in Driver Education			x	
KIN 306	Methods & Materials of Teaching Physical Education in Elementary Schools	x	x		
KIN 307	Methods & Materials of Teaching Physical Education in Secondary Schools	x	x		
KIN 308	Basic Athletic Training	x	x	x	
KIN 312	Family Life and Wellness		x		
KIN 313	Principles of Coaching Football				x
KIN 314	Principles of Coaching Track and Field				x
KIN 315	Principles of Coaching Baseball				x
KIN 316	Principles of Coaching Tennis				x
KIN 317	Principles of Basketball				x
KIN 318	Principles of Coaching Soccer				x
KIN 322	Principles of Strength and Conditioning	x	x	x	
KIN 326	Sports Nutrition	x	x		

Course Number	Course Name	Fall	Spring	Summer	As Needed
KIN 350	Psychology of Sport	x	x	x	
KIN 360	Anatomical Kinesiology	x	x		
KIN 385	Motor Development and Learning		x		
KIN 386	Adapted Physical Education		x		
KIN 396	Measurement and Evaluation in Kinesiology	x	x		
KIN 401	Facility Design and Event Management		x		
KIN 410	Legal Aspects of Sport and Physical Activity	x			
KIN 420	Physiology of Exercise	x	x	x	
KIN 421	Physiology of Exercise Lab	x	x	x	
KIN 425	Advanced Sports Medicine	x	x		
KIN 427	Health Education Workshop			x	
KIN 430	Exercise Prescription and Assessment	x	x	x	
KIN 451	Current Topics in Kinesiology				x
KIN 452	Current Topics in Kinesiology				x
KIN 453	Current Topics in Kinesiology				x
KIN 460	Internship in Kinesiology	x	x	x	
KIN 481	Biomechanics	x	x		
KIN 482	Management of Physical Education, Fitness, & Sport Programs	x	x		
Physical Activity Courses (Non-Academic)					
PED 101	Beginning Running				x
PED 102	Advanced Walking				x
PED 104	Beginning Tennis	x	x		
PED 105	Water Aerobics				x
PED 106	Deep Water Running				x
PED 107	Swimming	x	x		
PED 108	Fitness Walking	x	x	x	
PED 109	Roller Skating	x	x		
PED 110	Aqua Power Step				x
PED 111	Karate Level I	x	x		
PED 112	Fitness Cycling				x
PED 113	Water Walking				x
PED 114	Water Volleyball				x
PED 115	Advanced Tennis				x
PED 116	Resistance Training	x	x		
PED 117	Karate Level II	x	x		
PED 118	Advanced Swimming				x
PED 119	Water Safety Instructor Certification				x
PED 120	Low Impact Aerobics				x

Course Number	Course Name	Fall	Spring	Summer	As Needed
PED 121	Advanced Fitness	x	x		
PED 122	Weight Training	x	x		
PED 125	Team Sports				x
PED 126	Tai Chi				x
PED 128	Scuba Diving				x
PED 147	Beginning Horsemanship				x
PED 148	Advanced Horsemanship				x
PED 155	Beginning Golf	x	x		
PED 183	Table Tennis				x
PED 184	Shooting				x
PED 185	Archery				x
PED 186	Martial Arts				x
Varsity Sports (Physical Education Courses)					
PED 129	NCAA Rules and Regulations for the College Athlete				x
PED 130	Varsity Cheerleading	x	x		
PED 131	Varsity Basketball (Men)	x	x		
PED 132	Varsity Basketball (Women)	x	x		
PED 137	Varsity Men's Golf	x	x		
PED 138	Varsity Women's Golf	x	x		
PED 141	Varsity Baseball		x		
PED 142	Varsity Softball	x	x		
PED 145	Varsity Volleyball	x			
PED 161	Varsity Tennis (Men)	x	x		
PED 162	Varsity Tennis (Women)	x	x		
PED 170	Varsity Cross-Country (Men)	x	x		
PED 171	Varsity Cross-Country (Women)	x	x		
PED 172	Varsity Soccer (Men)	x			
PED 173	Varsity Soccer (Women)	x			
PED 180	Varsity Football	x			
PED 181	Physical Training				x
PED 182	Varsity Equestrian				x
PED 187	Varsity Archery	x	x		